

ARISE Seminar Series 2026

Planetary Health:
Concept and Areas of Research and Action

by Prof. Dr. Carmen Jochem

Wednesday 09. December 2026, at 04:30 pm CET
Online, via Zoom

Prior registration is required by 07. December at the latest

UNIVERSITY OF AUGSBURG

Else Kröner Fresenius Stiftung

Abstract of the Talk

Planetary Health examines how human health and well-being depend on the state of natural systems and on the social, economic, and political structures that shape them. This talk introduces the concept of Planetary Health, situates it in relation to related approaches such as One Health, and highlights its relevance for research and action in the context of current environmental and health challenges. Three selected fields will be explored in more detail: the health and environmental co-benefits of a Planetary Health Diet, the potential of active mobility, and Planetary Health Literacy as an enabling concept for informed and transformative action. Together, these examples illustrate how Planetary Health can connect research across disciplines with concrete opportunities for prevention, health promotion, and societal transformation.

About ARISE

ARISE (Augsburger Nachwuchsprogramm für Organismus, Nervensystem und Umwelt) is a junior research training program at the Faculty of Medicine, University of Augsburg. It is a funded by the Else Kröner-Fresenius Foundation (EKFS) and aims to educate and further train young physicians at the interface of environmental sciences and translational neuroscience.
By inviting leading researchers and experts, the ARISE seminar series offers a platform for graduate students, staff, researchers, clinician scientists, and professors of the faculty to learn on emerging issues in the field, discuss relevant scientific challenges and opportunities, and facilitate networking and collaboration across research groups, chairs, departments, and universities. For more information, please visit our page or write to us at arise@med.uni-augsburg.de

About the Speaker

Prof. Dr. med. Carmen Jochem is a post-doctoral researcher at the Chair of Planetary & Public Health at the Faculty of Law, Business and Economics at the University of Bayreuth. Her research focuses on planetary and global health, with a special focus on planetary health literacy and education as well as environmentally sensitive health promotion and prevention- through healthy and sustainable lifestyles. She teaches on planetary and public health topics in various study programs at the University of Bayreuth, the Medical Campus Upper Franconia, the University of Regensburg and the Ludwig-Maximilians-University Munich. She has professional experience in the public health service and in scientific policy advice and worked for the German Advisory Council on Global Change (WBGU) in Berlin on the report "Healthy Living on a Healthy Earth".



Photo and source:
Prof. Dr. Carmen Jochem